

The background features a soft, watercolor-style floral arrangement. In the top left, there are gold-toned flowers with dark centers and pinkish-red washes. In the top right, a large, vibrant red circular flower is prominent. The bottom left shows a cluster of small, dark red flowers. The bottom right contains more gold-toned flowers and pink washes. The overall aesthetic is delicate and artistic.

# The Importance of Black History Month

# What is Black History Month?

In Canada, February is the month when Canadian citizens recognize, celebrate, and learn about history of the contributions of African Canadians to Canada. This month people acknowledge many achievements in civil rights, science, politics, sports and more about this minority group in Canada. African Canadians such as John Ware, Violet King, and Lulu Anderson have played an important role in achieving the recognition and acknowledgement of many Canadians as well as representing the contributions of the African Canadian community. Many contributions from that community are overlooked in today's society making Black History Month very important and should be taken seriously and appreciated.

# The Importance of Black History Month

Why is Black History Month so important? The answer is simple, It honours and recognizes the sacrifices and efforts of many African Canadians while fighting against racism, discrimination and slavery. Even if the message associated with this month doesn't relate to you personally as an individual, you should still respect and educate yourself about the importance and reality of issues faced by African Canadians.

# Why take racism seriously?

Racism should be taken very seriously in day to day living. Unfortunately racism exists today and is a real harm toward individuals, communities, and society. Racial slurs can have a negative effect on people's mental health and sense of security in places where they should all feel welcomed and valued. Racial slurs can be very derogatory and damaging, making everyone suffer from adverse impacts. Dividing society, racism creates a negative and inappropriate environment as well as repeating history which is not acceptable at all in modern society. Taking racism seriously isn't about blaming, it's about understanding, accountability, and making things better for everyone.



# In School

School is supposed to be a safe environment for all types of students. Every student should feel welcomed and accepted into the school social structure. When racist slurs are present in school, it mocks and normalizes those words and actions which is not acceptable at all. Every student must understand why racism is inappropriate in today's society and are morally obligated to educate themselves about negative effects on discrimination.



# Learning

Knowledge is the most crucial step of action any individual can take to make themselves more respectful and respected in their lives. Educating yourself about the profound negative effects that racial slurs have on specific population groups will ensure a more impactful contribution towards a more inclusive world. Although you may not personally feel the effects and gravity of racial slurs in your life, it is still imperative to profoundly respect these principles as they it builds an equitable society for all.

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