

Introduction to Backpacking – Mt. Romulus
Itinerary

Monday, May 25

9:00am Arrive at Vanier and meet in common area in front of the office.
9:15am Pack check and distribute common gear (tents/stoves/cooking gear)
10:15am Load bus (transportation provided by Southland)
10:30am Depart for Little Elbow Recreation Area and Trailhead
11:30am Arrive and sight orientation – lunch at the picnic tables.
12:00pm Begin hiking towards Mt. Romulus Backcountry Campground (11.5km)
5:00pm Arrive at Mt. Romulus
5:15pm Set up tents and gear
6:00pm Dinner
7:00pm Evening activities/camp fire
8:30pm Snack
10:00pm Bedtime

Tuesday, May 26

8:00am Rise and shine!
8:30am Students make breakfast
9:15am Prepare sight and kit for departure
10:30am Depart for Talus Lakes (6km)
12:30pm Lunch break along the trail.
4:30pm Return from Talus Lakes (6km)
5:30pm Begin dinner prep
7:00pm Evening activities/camp fire
8:30pm Snack
10:00pm Bedtime

Wednesday, May 27

8:00am Rise and shine!
8:30am Breakfast
9:30am Strike camp – pack-up! Clean-up!
10:30am Depart Mt. Romulus and return to Little Elbow (11.5 km)
12:30pm Lunch break on the trail.
2:00pm Arrive at Little Elbow
3:00pm Load busses and depart for Calgary
4:00pm Arrive at GP Vanier and unload gear.
4:30pm Parents pick up students.

