

JR. CARDINALS FLAG FOOTBALL LEAGUE

POWERED BY RAW SPORTS



For the first time ever, an NFL team is directly investing in Canadian youth flag football — and it's happening here in Calgary with the Arizona Cardinals. NFL Atmosphere: Exclusive appearances by Cardinals' players, cheerleaders and Big Red at major events.

April 18 — June 06, 2026

Who: co-ed U6 - U16

Practices: Wednesdays | Held in NW, NE, SE & SW Quadrants

Games: Saturdays @ Shouldice Turf Fields

Your Choice: Wednesday & Saturday or Saturday-Only

Character & Confidence: Discipline, teamwork, and resilience through the game.

Community & Coaching: Every team led by a paid Jr. Cardinals Coach, supported by parent volunteers.

Skill & Speed: Fundamentals, offensive/defensive training, agility and physical literacy.

